

**ANNEXURE I****Orientation/ Foundation Course****MBBS Professional 1st Year (Batch 2023)**

Time	Event	Faculty
04-09-2023/Monday/Day - 1		
12:30 pm - 01:30 pm	Address by ED & CEO, AIIMS, Vijaypur, Jammu	Prof (Dr) Shakti Kumar Gupta
01:30 pm - 02:30 pm	Address by Dean (Academics) - "BREAK THE ICE"	Prof (Dr) Dinesh Kumar
02:30 pm - 03:00 pm	Lunch Break	
03:00 pm - 04:00 pm	Address by Associate Dean (Academics) - "DO's/DON'T in AIIMS Jammu"	Prof (Dr) Meeta Gupta
04:00 pm - 05:00 pm	Ragging in Educational Institutions	Lt. Col. Prabhat Sharma DD (Administration)
05-09-2023/Tuesday/Day - 2		
10:00 am - 11:00 am	Role of doctors in Society — Responsibilities with an overview of IMG roles.	Dr. Pragyan Parija Assistant Professor, Dept. of Community Medicine
11:00 am - 12:00 pm	Professional and Altruistic behaviour	Prof (Dr) Shabab Lalit Angurana Professor, Dept. of Radiation Oncology
12:00 pm - 01:00 pm	Role of Yoga and Meditation in Today's life	Prof (Dr) T.R. Raina (Guest Faculty)
01:00 pm - 02:00 pm	Lunch Break	
02:00 pm - 04:00 pm	Effective Communication	Prof Rajesh Rathore, (Guest Faculty)
06-09-2023/Wednesday/Day - 3		
10:00 am - 11:00 am	Cadaver as our first teacher	Dr Reeha Mahajan Associate Professor, Dept. of Anatomy
11:00 am - 12:00 pm	History of Medicine	Dr Neha Choudhary Assistant Professor, Dept of Community Medicine



Time	Event	Faculty
12:00 pm - 01:00 pm	Significance of documentation in patient care and proper method of documentation	Dr Taranpreet Kaur Assistant Professor, Dept. of General Medicine
01:00 pm - 02:00 pm	Lunch Break	
02:00 pm - 03:00 pm	Introduction to first aid and its applications	Dr Julie Assistant Professor, Dept. of General Surgery
03:00 pm - 04:00 pm	Introduction to health	Dr Sitikantha Banerjee Assistant Professor, Dept. of Community Medicine
08-09-2023/Friday/Day - 4		
10:00 am - 11:00 am	Occupational Health Hazards and Vaccination	Dr Nitesh Kumar Assistant Professor, Dept. of Community Medicine
11:00 am - 01:00 pm	Mental Health issues among MBBS students how to get rid of them	Dr. Ragul Ganesh R Assistant Professor, Dept. of Psychiatry
01:00 pm - 02:00 pm	Lunch Break	
02:00 pm - 03:00 pm	Emergency and trauma	Dr Parvez Mohi Ud Din Dar Assistant Professor, Dept. of Trauma & Emergency Medicine
03:00 pm - 04:00 pm	Biomedical waste management- Categories, segregation and life cycle	Dr Manish Ranjan Assistant Professor Dept. of Microbiology
09-09-2023/Saturday/Day - 5		
10:00 am - 11:00 am	Mentorship	Prof (Dr) Dinesh Kumar Dean (Academics) & HoD Community Medicine
11:00 am - 01:00 pm	Basic Life Support	Dr Sunana Gupta, Additional Professor, Dept. of Anaesthesiology
01:00 pm - 02:00 pm	Lunch Break	
02:00 pm - 03:00 pm	Effective Communication	Dr Tarsem Lal Motten Assistant Professor, Dept. of Orthopaedics
03:00 pm - 04:00 pm	Cultural diversities	Dr Abhinav Mani Assistant Professor, Dept. of Trauma & Emergency Medicine



Time	Event	Faculty
11-09-2023/Monday/Day – 6		
10:00 am - 11:00 am	Addictions are a disease- let us say NO	Dr Harshit Hemant Salian Assistant Professor, Dept. of Psychiatry
11:00 am - 12:00 pm	Introduction to Humanities	Prof (Dr) Dinesh Kumar Dean (Academics) & HoD Community Medicine
12:00 pm - 01:00 pm	Student Feedback	Dr Shalli Assistant Professor, Dept. of Community Medicine
01:00 pm - 2:00 pm	Lunch Break	
02:00 pm - 03:00 pm	Nutrition and health	Dr Sheetal Ganju Assistant Professor, Dept. of Paediatrics
03:00 pm - 04:00 pm	Overview MBBS curriculum and various career pathways	Dr Shalli Assistant Professor, Dept. of Community Medicine
12-09-2023/Tuesday/Day - 7		
10:00 am - 11:00 am	Sleep and academic performance	Dr. Ragul Ganesh R Assistant Professor, Dept. of Psychiatry
11:00 am - 12:00 pm	Time Management	Prof (Dr) Dinesh Kumar Dean (Academics) & HoD Community Medicine
12:00 pm – 01:00 pm	Essential Research	Prof (Dr) Dinesh Kumar Dean (Academics) / Dr Mittal Rathod Associate Professor Dept. of Community Medicine
01.00 pm – 02.00 pm	Lunch Break	
02.00 pm – 03.00 pm	Computer skills- Basics and Powerpoint presentation	Dr Shaurya Darbari Assistant Professor Dept. of Neurosurgery
03:00 pm - 04:00 pm	Learning Soft Skills- from a student to being a medical student	Dr Vijay Kundal, Additional Professor, Dept. of Paediatric Surgery
13-09-2023/Wednesday/Day - 8		
10:00 am - 11:00 am	Concept of professionalism and ethics	Prof (Dr) Meeta Gupta Associate Dean (Academics) & HoD Obst & Gynae



Time	Event	Faculty
11:00 am - 12:00 pm	Principles of family practice	Dr Pragyan Parija Assistant Professor, Dept. of Community Medicine
12:00 pm - 01:00 pm	Stress management	Dr Harshit Hemant Salian Assistant Professor, Dept. of Psychiatry
01:00 pm - 02:00 pm	Lunch Break	
02:00 pm - 03:00 pm	Important of Millets in Diet	Dr Sheetal Ganju Assistant Professor, Department of Paediatrics / Dr Sitikantha Banerjee Assistant Professor, Dept. of Community Medicine
03:00 pm - 04:00 pm	Introduction to student welfare committee	Prof (Dr) Dinesh Rao Chairman (Students Welfare Committee) & HoD Forensic Medicine & Toxicology
14-09-2023/Thursday/Day - 9		
10:00 am - 11:00 am	Health Economics	Prof (Dr) Dinesh Kumar Dean (Academics) & HoD Community Medicine / Dr Mittal Rathod
11:00 am - 12:00 pm	Health Care in India	Dr Sitikantha Banerjee Assistant Professor, Dept. of Community Medicine
12:00 pm - 01:00 pm	Research Essentials/Bioethics	Prof (Dr) Dinesh Kumar Dean (Academics) & HoD Community Medicine / Dr Mittal Rathod
01:00 pm - 02:00 pm	Lunch Break	
02:00 pm - 03:00 pm	Health care as a Right	Prof (Dr) Saurabh Kumar Gupta Professor, Dept. of Conservative Dentistry
03:00 pm - 04:00 pm	Conduct Rules for Undergraduate	Dr Amit Thakur Associate Professor, Dept. of Orthopaedics
15-09-2023/Friday/Day - 10		
10:00 am - 11:00 am	Essentials of Research/Bioethics	Prof (Dr) Dinesh Kumar Dean (Academics) & HoD Community Medicine



Time	Event	Faculty
11:00 am - 12:00 pm	Genetics in Health & Disease	Dr Urvershi Kotwal Assistant Professor, Dept. of Transfusion & Blood Bank
12:00 pm - 01:00 pm	Prevention Sexual Harassment at Workplace	Dr Raksha Kundal Associate Professor, Dept. of Anaesthesiology
01:00 pm - 02:00 pm	Lunch Break	
02:00 pm - 03:00 pm	Community Based Teaching	Dr Nitesh Kumar Assistant Professor, Dept. of Community Medicine
03:00 pm - 04:00 pm	Expectations from the society, Experiences as a doctor and vice versa	Dr Sushant Kumar Menia Assistant Professor, Dept. of Transfusion & Blood Bank
16-09-2023/Saturday/Day - 11		
10:00 am - 11:00 am	Needle stick/ scalpel injury	Dr Kirandeep Kour Assistant Professor Dept. of General Medicine
11:00 am - 12:00 pm	Hand washing technique	Dr Sheetal Ganju Assistant Professor, Dept. of Paediatrics
12:00 pm - 01:00 pm	Prescription writing skills	Dr Sartaj Hussain Assistant Professor Dept. of Pharmacology
18.09.2023/Monday/Day - 12		
10:00 am - 11:00 am	Paedagogy and its role in learning	Dr Kartik S Assistant Professor Dept. of Orthodontics
11:00 am - 12:00 pm	Breaking Bad News	Dr Ayush Kishor Srivastava Assistant Professor Dept. of Trauma & Emergency Medicine
12:00 pm - 01:00 pm	Interaction - patient and family	Dr Rashid Anjum Associate Professor Dept. Of Orthopaedics
1:00 pm - 2:00 pm	Lunch Break	



Time	Event	Faculty
02:00 pm - 03:00 pm	First aid management in a patient with fracture and seizures fainting, bleeding from an external wound, heat-related emergencies, Asthma and Anaphylaxis victims	Dr Sushma Devi Associate Professor, Dept. of General Surgery
03:00 pm - 04:00 pm	Rights of persons with disabilities act	Dr Julie Assistant Professor Dept. of General Surgery
19.09.2023/Tuesday/Day – 13		
10:00 am - 11:00 am	Reflective writing	Dr Rahul Gorka Assistant Professor Dept. of Burns & Plastic Surgery
11:00 am - 12:00 pm	Enrichment of life of a medical professional with hobbies and contribution to society	Dr Amanjot Kaur Assistant Professor Dept. of Oral Surgery
12:00 pm - 01:00 pm	Role of a physician at various health-care levels	Dr Kush Dev Singh Jarial Assistant Professor Dept. of Endocrinology & Metabolism
1:00 pm - 2:00 pm	Lunch Break	
2:00 pm - 03:00 pm	Covid-19 related Precautions	Dr Manish Ranjan Assistant Professor, Dept. of Microbiology
03:00 pm - 04:00 pm	Computer skills- Data representation (Tables, Bar diagram, Line Diagram, Pie chart)	Dr Nitesh Kumar Assistant Professor Dept. of Community Medicine
20.09.2023/Wednesday/Day – 14		
10:00 am - 11:00 am	Pandemic management	Prof (Dr) Dinesh Kumar Dean (Academics) & HoD Community Medicine
11:00 am - 12:00 pm	Use of social media	Dr Amardeep Singh Associate Professor Dept. of ENT
12:00 pm - 01:00 pm	Formative and summative assessment	Dr Poonam Sharma Assistant Professor Dept. of Pathology
01:00 pm - 02:00 pm	Lunch Break	



Time	Event	Faculty
02:00 pm – 04:00 pm	Computer skills- Basics and Excel presentation	Dr Pragyan Parija Assistant Professor Dept. of Community Medicine / Dr Ridham Nanda Assistant Professor Dept. of Ophthalmology
21.09.2023/Thursday/Day – 15		
10:00 am - 11:00 am	Local language training	Dr Renu Sharma Associate Professor Dept. of Obst & Gynae / Dr Sartaj Ahmad Guroo Assistant Professor Dept. of CTVS
11:00 am - 12:00 pm	Communication with a person with a disability	Dr Sahil Sandal Assistant Professor Dept. of Surgical Gastroenterology
12:00 pm - 01:00 pm	Working in a health care team	Dr Nazia Anjum Assistant Professor Dept. of Ophthalmology
01:00 pm - 02:00 pm	Lunch Break	
02:00 pm - 03:00 pm	Professional behaviour Interpersonal relationship	Dr Kanika Gupta Assistant Professor Dept. of Anaesthesiology
03:00 pm - 04:00 pm	Importance of sports and extra activities	Dr Sabarathinam Ravi Assistant Professor Dept. of Orthopaedics
22.09.2023/Friday/Day – 16		
10:00 am - 11:00 am	Orientation by HoD of Anatomy Department with introduction of the subject in the 1 st Year MBBS	Dr Reeha Mahajan Associate Professor Dept. of Anatomy
11:00 am - 12:00 pm	Orientation by HoD of Physiology Department with introduction of the subject in the 1 st Year MBBS	Dr Neena Sharma Associate Professor Dept. of Physiology
12:00 pm - 01:00 pm	Orientation by HoD of Biochemistry Department with introduction of the subject in the 1 st Year MBBS	Dr Swati Rajput Assistant Professor Dept. of Biochemistry
01:00 pm - 02:00 pm	Lunch Break	



Time	Event	Faculty
02:00 pm – 03:00 pm	Medical Ethics and legalities in medicine (Right and wrong in medicine and good clinical practice)	Dr Dinesh Rao Professor, Dept. of Forensic Medicine & Toxicology
03:00 pm- 04:00 pm	Holistic approach to Healing and Health	Dr Neha Choudhary Assistant Professor, Dept. of Community Medicine
23.09.2023/Saturday/Day – 17		
10:00 am - 11:00 am	Alternative healthcare system	Dr Sartaj Ahmad Guroo Assistant Professor Dept. of CTVS
11:00 am - 12:00 pm	Universal Precautions	Dr P V Sowjanya Assistant Professor Dept. of Microbiology
12:00 pm - 01:00 pm	Student feedback	Dr Shalli Assistant Professor, Dept. of Community Medicine / Dr Neha Choudhary Assistant Professor, Dept. of Community Medicine

Note: The Orientation/Foundation Course w.e.f 04th to 13th September, 2023 shall be coordinated by Dr Harsimranjit Singh, Assistant Professor, Department of Anatomy and from 14th to 23rd September, 2023 shall be coordinated by Dr Madhur Kalyan, Assistant Professor, Department of Biochemistry.