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**ALL INDIA INSTITUTE OF MEDICAL SCIENCES, VIJAYPUR, JAMMU -184120**  
(A Central Autonomous Body under PMSSY, MoH&FW, Government of India)

F. No. Acad./Sec./2022 (102)

Dated: 26<sup>th</sup> November, 2022

To

All the MBBS Students  
3<sup>rd</sup> Batch, AIIMS, Jammu

**Subject: Commencement of Online Classes for Orientation/Foundation course for First Professional MBBS Students (3<sup>rd</sup> batch) of AIIMS, Vijaypur, Jammu w.e.f 1<sup>st</sup> December, 2022 (Thursday).**

Dear Students,

With reference to the aforementioned subject, this is to inform you that Prof (Dr) Shakti Kumar Gupta, Executive Director and CEO, AIIMS Jammu has kindly consented to preside over the opening session for the start of online classes for Orientation/Foundation course for First Professional MBBS Students (3<sup>rd</sup> batch) of AIIMS, Jammu scheduled on 1<sup>st</sup> December, 2022 (Thursday) from 11:00 AM onwards.

It is further informed that your offline classes in physical mode at the Makeshift Campus of AIIMS Jammu located at NITS Polytechnic, Miran Sahib Jammu shall commence once the Hostel facilities are complete which shall be ready in 02 weeks' time.

The links for joining the Online Classes on Orientation/Foundation course shall be shared on your e-mail id and Whatsapp Group of 3<sup>rd</sup> Batch of MBBS students of AIIMS Jammu separately by the in-charge Technical team AIIMS, Jammu. The roster for Orientation/Foundation course is enclosed with this letter as **ANNEXURE-I** for your information and compliance.

This issues with the approval of ED & CEO, AIIMS Jammu.

Thanking You

*Dinesh Kumar* 26 Nov 2022  
Prof (Dr) Dinesh Kumar  
Dean (Academics)

Copy to:

1. Dean (Examination), AIIMS Jammu for favor of information please.
2. DDA, AIIMS Jammu for favor of information please.
3. Registrar, AIIMS Jammu.
4. Administrative Officer, AIIMS Jammu.
5. All Faculty members for the information.
6. IT Team, AIIMS Jammu with the request to upload the order on AIIMS Jammu website.
7. PS to ED & CEO, AIIMS Jammu for favor of information please.
8. Notice Board/Guard File.

**All India Institute of Medical Sciences, Vijaypur Jammu**  
**Academic Section**  
**Orientation/ Foundation Course**  
**MBBS Professional I Year (Batch 2022)**  
**Venue: AIIMS Makeshift Campus NITS Miran Sahib**

**Date: 26<sup>th</sup> November, 2022**

Time	Event	Faculty
<b>01-12-2022/Thursday/Day I</b>		
11:00 AM - 12:00 noon	Address by Executive Director, AIIMS, Vijaypur, Jammu	Prof. (Dr.) Shakti Kumar Gupta
12:00 Noon- 01:00 PM	Address by Academic Dean- "BREAK THE ICE"	Prof. (Dr.) Dinesh Kumar
01:00 PM-02:00PM	Lunch	
02:00 PM - 03:00 PM	Interactive session with Faculty of AIIMS Jammu	HoDs of 1 <sup>st</sup> Prof and 2 <sup>nd</sup> Prof MBBS
03:00 PM - 04:00 PM	Ragging in Educational Institutions	Lt. Col Prabhat Sharma DD (Administration)
<b>02-12-2022/Friday/Day II</b>		
10:00 AM - 11:00 AM	Orientation by HoDs of Anatomy, Physiology and Biochemistry Department with introduction of the subjects in the 1 <sup>st</sup> Year MBBS	Head of the Departments: Anatomy, Biochemistry, Physiology.
11:00 AM- 12:00 Noon	Professional and Altruistic behaviour	Prof. (Dr.) Shabab Lalit Angurana, Professor, Dept. of Radiation Oncology
12:00 Noon- 1:00 pm	Role of Yoga and Meditation in Today's life	Prof (Dr) T.R. Raina (Guest Faculty)
01:00 PM-02:00PM	Lunch	
02:00 PM - 03:00 PM	Role of doctors in Society – responsibilities, empathy and compassion, with an overview of IMG roles	Dr. Pragyan Parija, Assistant Professor, Dept. of Community Medicine
03:00 PM - 04:00 PM	Learning Soft Skills- from a student to being a medical student	Dr Vijay Kundal, Additional Professor, Dept. of Pediatric Surgery
<b>03-12-2022/Saturday/ Day III</b>		
10:00 AM -11:00 AM	Cadaver as our first teacher	Dr. Reeha Mahajan, Associate Professor, Dept. of Anatomy
11:00 AM- 12:00 noon	Professional behaviour Interpersonal relationship Working in a health care team	Dr. Nitesh Kumar, Assistant Professor, Dept. of Community Medicine



12:00 PM - 01:00 PM	Covid-19 related Precautions	Dr. Manish Ranjan, Assistant Professor, Dept. of Microbiology
<b>05-12-2022/Monday/Day IV</b>		
10:00 AM - 11:00 AM	Overview MBBS curriculum and various career pathways	Dr. Shalli, Assistant Professor, Dept. of Community Medicine
11:00AM-12:00 noon	History of Medicine	Dr. Neha Choudhary, Assistant Professor, Dept. of Community Medicine
12:00 noon - 1:00 PM	Significance of documentation in patient care and proper method of documentation	Dr. Taranpreet Kour, Assistant Professor, Dept. of General Medicine and Dr. Sheetal Ganju, Assistant Professor, Dept. of Pediatrics
1:00 PM- 2:00 PM	Lunch	
02:00 PM - 03:00 PM	First Aid	Dr. Sushma Devi, Associate Professor, Dept. of General Surgery
03:00PM-04:00 PM	Introduction to health	Dr. Sitikantha Banerjee, Assistant Professor, Dept. of Community Medicine
<b>06-12-2022/ Tuesday/ Day V</b>		
10:00 AM - 11:00 AM	Medical Ethics and legalities in medicine (Right and wrong in medicine and good clinical practice)	Dr. Varun Chandran, Assistant Professor, Dept. of Forensic Medicine & Toxicology
11:00 AM - 12:00 noon	Holistic approach to Healing and Health	Dr. Neha Choudhary, Assistant Professor, Dept. of Community Medicine
12:00 noon - 02:00 PM	Alternative healthcare system	Dr Renu Sharma, Associate Professor, Dept. of Obstetrics & Gynaecology
02:00 PM - 03:00 PM	Break	
03:00 PM-4:00PM	Universal Precaution and Biomedical waste management	Dr. P V Sowjanya, Assistant Professor, Dept. of Microbiology
<b>07-12-2022/Wednesday/ Day VI</b>		
10:00 AM- 11:00 PM	Mentorship	Prof. (Dr.) Dinesh Kumar, Dean (Academics)
11:00 PM - 01:00 PM	Basic Life Support	Dr. Sunana Gupta, Additional Professor, Dept. of Anaesthesiology
01:00 PM-02:00 PM	Break	
02:00 PM-04:00 PM	Effective Communication	Prof. Rajesh Rathore, Guest Faculty
<b>08-12-2022/Thursday/Day VII</b>		
10:00 AM - 11:00 PM	Occupational Health Hazards and Vaccination	Dr. Nitesh, Assistant Professor, Dept. of Community Medicine

*Dr. Manish*

11:00 AM - 01:00 PM	Mental Health issues among MBBS students- how to get rid of them	Dr. Ragul, Assistant Professor, Dept. of Psychiatry
1:00 PM-2:00 PM	Break	
02:00 PM - 03:00 PM	Emergency and trauma	Dr. Parvez, Assistant Professor, Dept. of Trauma & Emergency Medicine
03:00PM -04:00 PM	Orientation of Anatomy	Dr. Shallika Sharma, Associate Professor, Dept. of Anatomy
<b>09-12-2022/ Friday/ Day VIII</b>		
10:00 AM- 11:00 AM	Addictions are a disease- let us say NO	Dr. Harshit, Assistant Professor, Dept. of Psychiatry
11:00 AM - 12:00 PM	Introduction to Humanities	Prof. (Dr.) Dinesh Kumar, Dean (Academics)
12:00 PM - 01:00 PM	Student Feedback	Dr. Dinesh Kumar Dean (Academics)/ Dr. Shalli, Assistant Professor, Dept. of Community Medicine
1:00 PM-2:00 PM	Break	
02:00 PM - 03:00 PM	Nutrition and health	Dr. Sheetal Ganju, Assistant Professor, Dept. of Pediatrics
03:00PM -04:00 PM	Orientation of Biochemistry	Prof K L Gupta, Dean (Examination)/Dr. Pankaj K Singh, Assistant Professor, Dept. of Biochemistry
<b>10-12-2022/Saturday/Day IX</b>		
10:00 AM - 11:00 AM	Sleep and academic performance	Dr. Ragul, Assistant Professor, Dept. of Psychiatry
11:00 AM - 12:00 PM	Time Management	Prof (Dr.) Dinesh Kumar, Dean (Academics)
12:00-01:00	Research Essentials	Prof (Dr.) Dinesh Kumar, Dean (Academics)
<b>12-12-2022/Monday/ Day X</b>		
10:00 AM - 11:00 AM	Concept of professionalism and ethics	Prof. (Dr.) Meeta Gupta, Professor, Dept. of Obstetrics & Gynaecology
11:00 AM - 12:00 PM	Interactions with patients and families, communities Principles of family practice	Dr. Pragyan, Assistant Professor, Dept. of Community Medicine
12:00 PM - 01:00 PM	Stress management	Dr. Harshit, Assistant Professor, Dept. of Psychiatry
1:00 PM-2:00 PM	Lunch	
02:00 PM - 03:00 PM	Important of Millets in Diet	Dr. Sheetal, Assistant Professor, Dept. of Pediatrics / Dr. Sitikantha, Assistant Professor, Dept. of Community Medicine

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03:00 PM - 04:00 PM	Orientation of Physiology	Dr. Uditi Gupta, Assistant Professor, Dept. of Physiology
<b>13-12-2022/Tuesday/ Day XI</b>		
10:00 AM – 11:00 PM	Health Economics	Prof. (Dr.) Dinesh Kumar, Dean (Academics)
11:00-12:00	Health Care in India	Dr Sitikantha Banerjee, Assistant Professor, Dept. of Community Medicine
12:00-01:00	Research Essentials/Bioethics	Dr Ritesh, Assistant Professor, Dept. of Pharmacology/ Prof. (Dr.) Dinesh Kumar, Dean (Academics)
02:00-03:00	Health care as a Right	Prof (Dr) Sourav, Professor, Dept. of Conservative Dentistry
03:00-04:00	<b>14-12-2022/Wednesday/ Day XII</b>	
10:00 AM - 11:00 AM	Essentials of Research/Bioethics	Prof. (Dr.) Dinesh Kumar, Dean (Academics)/ Dr Sonia, Assistant Professor, Dept. of Pharmacology
11:00 AM - 12:00 PM	Genetics in Health & Disease	Dr. Urvershi, Assistant Professor, Dept. of Transfusion & Blood Bank
12:00 PM - 01:00 PM	Prevention Sexual Harassment at Workplace	Dr. Raksha Kundal, Associate Professor, Dept. of Anaesthesiology
1:00 PM- 2:00 PM	Lunch	
02:00 PM - 03:00 PM	Community Based Teaching	Dr. Nitesh Kumar, Assistant Professor, Dept. of Community Medicine
03:00 PM - 04:00 PM	Student Feedback	Dr. Shalli, Assistant Professor, Dept. of Community Medicine /Dr. Neha Choudhary, Assistant Professor, Dept. of Community Medicine

**Note: The Orientation/Foundation Course w.e.f 1<sup>st</sup> to 7<sup>th</sup> December, 2022 shall be coordinated by Dr Harsimranjit Singh, Assistant Professor, Dept. of Anatomy and from 08<sup>th</sup> to 14<sup>th</sup> December, 2022 shall be coordinated by Dr Anant Kumar, Assistant Professor, Dept. of Physiology.**

*Dr. Harsimranjit Singh*